

Mt LaCrosse USSA Region 2 Race January 23-24, 2010 *(This sheet updated 1.11.10)*

There is **NO ON-SITE** registration.

One-Race Option & Out of Region Racers must be registered by Midnight, January 15, 2010 with Region 2 Administration

Lift Tickets – Racer 1 day at \$43.00, 2 days at \$81.00

AWARDS FOR EACH DAYS EVENTS WILL BE FOLLOWING THE CONCLUSION OF THE DAYS EVENTS. COACHES & PARENTS, PLEASE HAVE YOUR ATHLETES ATTEND THESE EVENTS.

Awards will be at the White House Race Arena.

- * Coaches and parent workers must sign in for tickets at Sitzplatz in the Main Lodge
- * Lifts open at 7:00 AM for Course Workers, 7:10 AM for racers with training on Spotlight
- * Spotlight Training course will be for use by all teams. Coaches/Teams, please coordinate this effort with a maximum of 2 training runs. Training runs will need to be pulled by 8:30 a.m.

- * **J123 Inspection** will be **7:30 – 7:55 a.m. on Damnation** for all **J123 Women & Men Slalom**
- * **J456 Inspection** will be **7:50 – 8:15 a.m. on Thunderation/White House** for all **J456 Women & Men Slalom**
- * **Women will run before Men on both SL and GS courses**

* J123 Race will begin at 8:15 am and J456 Race will begin at 8:30 a.m. on Saturday & Sunday

*All times are approximate. Please verify the times upon arrival the day of each race.

Saturday, January 23, 2010

SL RACE 1, RUN 1	Women/Men J123 (Damnation)	Women/Men J456 (Thunderation/White House Run)
Jury Inspection	7:20 am	7:40 am
Racer Inspection	7:30-7:55 am	7:50-8:15 am
Forerunners	8:05 am	8:25 am
Race Start	8:15 am	8:30 am

SL RACE 1, RUN 2	Women/Men J123 (Damnation)	Women/Men J456 (Thunderation/White House Run)
Jury Inspection	9:20 am	9:40 am
Racer Inspection	9:30– 9:55 am	9:50-10:15 am
Forerunners	10:05 am	10:25 am
Race Start	10:15 am	10:30 am

SL RACE 2, RUN 1	Women/Men J123 (Damnation)	Women/Men J456 (Thunderation/White House Run)
Jury Inspection	11:20 pm	11:40 pm
Racer Inspection	11:30 - 11:55 pm	11:50 - 12:15 pm
Forerunners	12:05 pm	12:25 pm
Race Start	12:15 pm	12:30 pm

SL RACE 2, RUN 2	Women/Men J123 (Damnation)	Women/Men J456 (Thunderation/White House Run)
Jury Inspection	1:20 pm	1:40 pm
Racer Inspection	1:30-1:55 pm	1:50-2:15 pm
Forerunners	2:05 pm	2:25 pm
Race Start	2:15 pm	2:30 pm

SLALOM RACE AWARDS 4:00 PM WHITE HOUSE RACE ARENA

Sunday, January 24, 2010

GS RACE 1, RUN 1	Women/Men J123 (Damnation)	Women/Men J456 (Thunderation/White House Run)
Jury Inspection	7:20 am	7:20 am
Racer Inspection	7:30-7:55 am	7:30-7:55 am
Forerunners	8:05 am	8:05 am
Race Start	8:15 am	8:45 am

GS RACE 1, RUN 2	Women/Men J123 (Damnation)	Women/Men J456 (Thunderation/White House Run)
Jury Inspection	9:40 am	9:40 am
Racer Inspection	9:50– 10:15 am	9:50-10:15 am
Forerunners	10:25 am	10:25 am
Race Start	10:30 am	11:00 am

GS RACE AWARDS 12:00 NOON WHITE HOUSE RACE ARENA