

Ausblick Ski Race Team



Team Meeting

Nov 2nd, 2021



Ausblick Ski Race Team

Agenda

- New for 2021 / 2022 Season
- Volunteering
- Team Structure
- Training
- Race Day
- Available Leagues
- Q&A



What's New - When Do We Train?

Christmas Camp:	Sun Dec. 26 th	7:15AM – 9:30AM
	Mon Dec. 27 th	7:15AM – 9:30AM
	Tue Dec. 28 th	7:15AM – 9:30AM
	Wed Dec. 29 th	7:15AM – 9:30AM
	Thu Dec 30 st	7:15AM – 9:30AM

MWAR Regular Season Training

- U8-U12: Mondays and Thursdays from 5:30PM – 8:00PM
- U14-U18: Tuesdays and Thursdays from 5:30PM – 8:00PM

USSA Regular Season Training

Mondays, Tuesdays, and Thursdays from 5:30PM – 8:00PM

Dryland Training

Sunday afternoon from Early Sep to Early Nov – Ausblick

Thanksgiving Camp (additional cost)

Week prior to Thanksgiving – Copper Mountain CO

*one year minimum race experience required



What's New – Important Dates

■ MWAR Race Schedule

- | | | |
|----------------------------|--------------|----------------------|
| – Sat Jan 8 th | Ausblick | SL |
| – Sat Jan 15 th | Tyrol | Panel SL |
| – Sat Jan 22 th | Holy Hill | GS |
| – Sat Jan 29 th | Alpine | SL (May start early) |
| – Sat Feb 5 th | Little Switz | SL |
| – Sat Feb 12 th | Sunburst | GS |

■ Open Races

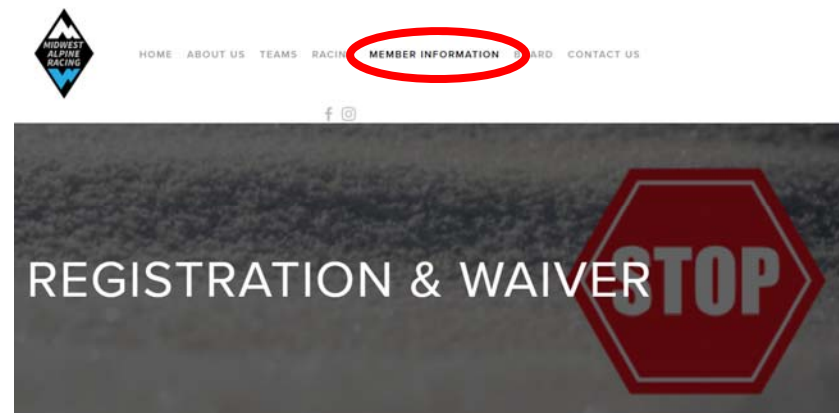
- Hilligoss Memorial Race - Little Switzerland, December 11
- WIJARA/MWAR Spring Champ Race – Mt. Lacrosse, March 5-6, 2 SL Races (3 Runs Total) and 2 GS Races (3 Runs Total)



MWAR SKI LEAGUE



<https://midwestalpineracing.com/>



YOU NEED TO REGISTER WITH
MWAR AND SIGN THE MWAR
WAIVER. NO COST.



What's New/Inquiry's

- We do not expect a Covid policy this year, but check MWAR website for updates. Races will happen on one day, back to regular schedule.
- MWAR will again be using Live Timing, so no boards (unless a hill chooses to do so). **Parents must stay away from timing shack during race.** If a time did not show for your athlete, you must check with his/her coach. All athletes get times, unless they are disqualified or qualify for a re-run. The times do not always show up on Live Timing immediately. A Live Timing link will be on MWAR website.
- Awards – Each hill will choose if it wants to do an awards ceremony after each race.
- Panel Slalom – There will again be a panel slalom race. Chin bars and soft-eared helmets will not be allowed for this race.
- Helmets – Reminder hard shell helmets must cover the head and ears. Also, soft-eared helmets can only be used in SL and must be FIS approved and have a manufacturer equipped chin guard installed.
- Gates – U14-U18 will use standard slalom gates (72"). U8-U12 will use 60" gates.
- Ages – Youth to 20 years of age before the current ski year may compete and, if of high school age, only if enrolled in a certified high school program (see MWAR website).



What's New

Volunteer Positions & Ausblick Race

- We have close to 100 HOST and RACE volunteer positions to fill for the MWAR Season.
- Ausblick Race Day is Saturday Jan 8th. It is the first race this year. We have available HOST positions in addition to available RACE positions.
 - Nicole Cotton will be coordinating the HOST positions
 - David Barry will be coordinating the RACE positions at this race and at all races
- New families are encouraged to NOT sign up for volunteer positions for the first two races – enjoy with your children!

<https://www.signupgenius.com/go/70A0A4BADAB28A4FC1-2022>



Ausblick Ski Race Team

Program Review



How is the team structured?

Ausblick Ski Race Team

MWAR – Purpose is to provide an enjoyable club experience for the racers and families while providing the best possible skiing experience and athletic growth opportunity. Six teams in Southeastern Wisconsin.

USSA/FIS– These programs offer a network of higher level competitive opportunities for ski racers of all ages but typically U-14 and up as they strive to produce world class athletes.

Special Project Development Groups – Purpose is to provide elite training opportunities for athletes that meet the talent, attitude and commitment criteria to compete and excel on a National and International basis.



Board of Directors

- President_____Craig Swinehart
- VP, Website, Thanksgiving Camp_____Bill Bruss
- Membership_____Dave Varhol
- USSA Liaison_____Brian Bence
- Early Camp_____Matt Fennig
- Secretary_____Craig Swinehart
- Treasurer_____Peter Ogden
- Budget_____Peter Ogden
- High School/MWAR Coach Liaison_____Dave Denton
- MWAR Team Liaison_____David Barry
- Equipment_____Brian Bence & Matt Fennig



Who are the coaches?

❑ Lead Coachs

- ❑ FIS – Mike Guetzke
- ❑ USSA - Luke Eskau
- ❑ MWAR - Courtney Thompson

❑ FIS

- ❑ Mike Guetzke

❑ USSA

- ❑ Luke Eskau
- ❑ Jim Young
- ❑ Baylen Rifleman

❑ MWAR U16&U18 (High School)

- ❑ Mike Wichert – Group Lead
- ❑ Fred Kroeplin
- ❑ Joe Orendorf

❑ MWAR U14

- ❑ Brian Belt – Group Lead
- ❑ Bailey Wichert

❑ MWAR U8-U12

- ❑ Courtney Thompson – Lead Coach
- ❑ Jimmy Hansen
- ❑ Ben Bickler
- ❑ John Siepman
- ❑ Dawn VanAlstine
- ❑ Cameron McConnell
- ❑ Victoria Rechcygl
- ❑ Ann Phillips
- ❑ JJ Hausmann
- ❑ Bella Portale



U8-U12

- **Coaching based on skill level**
 - Better training experience for our athletes
 - Allows coaches to teach to a specific skill level
 - Modeled after other very successful youth racing programs
 - Allows coaches to use specific drills and a curriculum resulting in better practices and improved athlete development
- **Based on “SkillsQuest”**
 - US Ski Team training and assessment platform for young athletes
- **Three Groups**
 - Group 1, 2, & 3
 - Based on the athlete’s command of the four basic components of skiing. Pressure, Edging, Rotation, and Balance.
- **Continual assessment**
 - Our coaching staff will continually monitor progress and move athletes between groups as necessary



What can my athlete expect at training?

■ Christmas Camp

- Variety of Drills/Some Gates
- Multiple Coaches
- Groups will be assigned based on skill level and may change during the course of the camp
- Look for your athletes group / coach assignment at the beginning of each day on the signs at the bottom of the hill

■ Regular Season Practice

- Combination of Drills & Gates as appropriate for each group
- No breaks again this year – bring snacks and dress warm!
- Like Christmas camp, look for coach assignments (first couple weeks) at the beginning of practice on the signs at the bottom of the hill

■ We practice in all weather conditions!

- Please dress appropriately. Time on snow is precious.

■ Lift Pass / Supervision

- New Ausblick pass to be worn at all times during practice
- Children 14 and younger can't be at the hill without parent supervision (hill rule).



What can my athlete expect at a race?

- Timing (Typical)
 - All age groups arrive at hill by 8:00AM
 - Inspect course at 8:30 or 9:00AM with coach, but subject to change
 - 1st run begins at 9:00 or 9:30AM, but subject to change
 - Short lunch break, re-set course and course inspection
 - 2nd run usually begins around noon
 - **Refer to the “Fact Sheet” for each race, available on Ausblick Race website**
- Two courses
 - U8-U12 on one course and U14-U18 on another course
- Two runs
 - Each athlete will race the 1st course and 2nd course, regardless of result of 1st run
- Run order – **Available on the MWAR website prior to the race.**
 - U8-U12 Course: Youngest to oldest, based on season standings
 - U14-U18 Course: Oldest to youngest, based on season standings
- Awards – Each hill is responsible for deciding if it will have an awards ceremony after each race. Ausblick will have an awards ceremony.



What age class will my athlete be in?

Birth Year	Age as of Dec	MWAR Group	
	31 st , 2021	Course	Course
2015	6	U8	
2014	7	U8	
2013	8	U10	Youth Course
2012	9	U10	
2011	10	U12	
2010	11	U12	
2009	12	U14	
2008	13	U14	
2007	14	U16	Competition Course
2006	15	U16	
2005	16	U18+	
2004	17	U18+	
2003	18	U18+	



How is the MWAR race scored?

- Combined time of 2 runs = 1 race. Lowest time scores 100 points. Next lowest is 89. Then, reduction is reduced by 1 point until 11th place then total reduction is 1 point. No points for DQs or DNFs.
- Lowest scoring race will be tossed at the end of the year.
- In the event of a tie, both athletes will be awarded the same points.
- Team points – A total of 408 points awarded per race. Total accumulated points determine team standings. 1st = 15 pts; 2nd = 10 pts; 3rd = 5 pts; 4th = 3 pts; 5th = 1 pt



Where do I find more information?

www.ausblickskiraceteam.com and www.midwestalpineracing.com

The screenshot shows the homepage of the Ausblick Ski Race Team website. At the top left is the team logo, which features a skier in a red and white suit racing down a slope, with the word "AUSBLICK" in large black letters and "Racing" in red script below it. To the right of the logo, the text "Wisconsin's PREMIER Downhill Racing Team" is displayed. Below this is a navigation menu with buttons for "Home", "Calendar", "Registration", and "Contact".

On the left side, there are several red buttons with white text: "Coaches", "Helpful Links", "Latest News", "Photos", and "Downloads". Under "Downloads", there are links for "2019-20 Parent Handbook", "2020-21 FIS/USSA Equipment Guide", and "2020-21 USSA CR2 Rules & Procedures". Below these is a red button that says "TEAM SPIRIT WEAR" with "CLICK HERE" in smaller text. At the bottom left, there is a logo for "AUSBLICK" with a snowflake icon and the text "Visit Ausblick Hill", and the "USSA" logo.

The main content area has a heading "Welcome To The Ausblick Ski Race Team". Below it is a paragraph: "The Ausblick Ski Race team is an alpine ski racing organization that gives young people the opportunity to develop their athletic abilities while fostering self-confidence, sportsmanship, teamwork and competitive spirit. Training is provided in a nurturing environment guided by adults that are dedicated to the sport of skiing as well as providing a positive atmosphere in which children can learn and excel." This is followed by another paragraph: "The team is 150 athletes strong with varying levels of involvement and competition. Successes range from beginning racers finishing their first official race, to determined athletes reaching a personal goal, to accomplished athletes competing in high profile national and international events. The Ausblick name continues to gain recognition and admiration throughout the ski world. With hard work and determination, we anticipate continued success in the future!"

Below the main text is an "Announcements" section with the heading "BE SURE TO REGISTER YOUR ATHLETE(S) WITH MWAR". The text reads: "MIDWEST ALPINE RACING ('MWAR') HAS NOW OPENED THEIR REGISTRATION AND WAIVER PROCESS FOR THE 2021 MWAR SEASON. EACH PARTICIPATING AUSBLICK SKI RACE TEAM ATHLETE MUST NOW REGISTER WITH AND COMPLETE A WAIVER FOR MWAR BY DECEMBER 15, 2020. THIS IS AN ADDITIONAL STEP IN THE REGISTRATION PROCESS AND NOT IN LIEU OF REGISTERING YOUR ATHLETE WITH THE AUSBLICK SKI RACE TEAM. IF YOUR ATHLETE DOES NOT REGISTER AND COMPLETE THE MWAR WAIVER BY DECEMBER 15, 2020, YOUR ATHLETE WILL NOT BE ALLOWED TO PARTICIPATE IN ANY 2021 MWAR RACES. THERE IS NO ADDITIONAL COST FOR REGISTRATION WITH MWAR. FOR THOSE WHO HAVE YET TO REGISTER YOUR ATHLETE(S) WITH THE AUSBLICK SKI RACE TEAM FOR THE 2021 SEASON, PLEASE:"

On the right side of the page, there is a search bar with a "Search" button. Below it is a red button for "2019-20 Sponsors". Underneath are two sponsor logos: "Platinum" (WaterStone Bank) and "Gold" (Children's Hospital of Wisconsin Orthopedics and Sports Medicine). At the bottom right, there is a "Silver" sponsor logo.

- Parent Handbook
- Scheduling info
- Race fact sheets
- Run Orders
- Scores



What else?

- Minimum skill level
 - Athletes must be able to ski with poles
 - **Athletes must be able to load and unload chairlift without assistance, and work toward loading the lift at full speed throughout the season**
- Ausblick Liability Release & Concussion Acknowledgement
 - Should be completed on the website prior to payment for registration
- Bibs
 - All athletes will be assigned new bibs at Christmas camp
 - These will be your athletes bib for up to 3 years. Don't lose it.
 - Anyone not using bib in 2023 should return at end of 2022 to David Barry.
- Race Jackets/Spirit Wear: See website



Racing Leagues other than MWAR



HOME OF UNITED STATES SKI ASSOCIATION CENTRAL DIVISION REGION 2





HOME OF UNITED STATES SKI ASSOCIATION CENTRAL DIVISION REGION 2

- The **U.S. Ski and Snowboard Association** (USSA) is the national governing body for Olympic skiing and snowboarding. Founded in 1905, the century-old organization provides leadership and direction for tens of thousands of young skiers and snowboarders from over 400 member clubs who share an Olympic dream. The association is headquartered in Park City, Utah.
- The country is split into three geographic racing regions including West, Rocky/Central, and Eastern. The USSA Central Division is part of the Rocky/Central Region. There are four local regions within the Central Division. We are in Central Region 2.
- Why USSA?
 - It's fun
 - Race/Ski at larger hills
 - Increased competition
 - Meet athletes from across our region and the country
- Costs of USSA
- Visit: www.region2cussa.com





- The FIS program is for athletes 16 years old and older as of December 31st. FIS racing offers a competitive environment for USSA Club athletes and independents to race against other FIS athletes across the USA and Canada, participate in a season long competition, and qualify for age appropriate upper level racing in Nor Ams, US National Championships, Rocky / Central U21 FIS Championships and International FIS Races.



Ausblick Ski Race Team



Questions & Thank You

11/2/2021

